

SPECIAL

French Vanilla or Honey Almond Granola



\$2.79 lb.



SPECIAL

Wild Natural Bay Scallops

Tender, sweet and easy to cook. 60/80 ct. Previously frozen



\$6.99 lb.



Blueberries

6 oz.

98¢ ea.



Bartlett Pears

2 lbs. for \$1



Honeycrisp or Pink Lady Apples

98¢ lb.



Green Bell Peppers or Cucumbers

2 for \$1

ORGANIC • ORGANIC • ORGANIC

ORGANIC • ORGANIC • ORGANIC



Organic Red Bunched Beets

4 for \$5



Red Cherries

\$3.98 lb.



Organic Hass Avocados

4 for \$5

VITAMIN & BODY CARE EXTRAVAGANZA

Save on more than 7,500 top quality vitamin and body care items.

YES! EVERYTHING IS

25% OFF regular retail + CRV in CA

Limited to stock on hand. Not to be combined with other promotional discounts in effect.



Essentia Water

1.5 lt.

2 for \$3 +CRV



Almond Breeze Almondmilk

Select varieties, 64 fl. oz.

BUY 1, GET 1 FREE

Save up to \$4.29



In-Shell Pistachios

Roasted salted or unsalted

\$5.99 lb.

EXPERIENCE THE DIFFERENCE

Always fresh, never frozen, our all-natural meats are more tender and tastier than the rest.



Butcher Shop Air Chilled Organic Whole Chicken

Raised without antibiotics or added hormones!

WOW!

\$1.99 lb.

Limit 4 per customer

The BUTCHER SHOP AT SPROUTS

UNBEATABLE SERVICE, QUALITY & SAVINGS. EVERY TIME.



ALWAYS FRESH NEVER FROZEN

All-Natural 100% Grass-Fed Ground Beef

No hormones or antibiotics added, ever!

\$3.99 lb. Value pack



EZ Peel Jumbo Raw Shrimp

16/20 ct. Farm-raised, previously frozen

\$5.99 lb.

SALE PRICES VALID JANUARY 2, 2019–JANUARY 9, 2019

Try our **GROCERY Delivery!**

Order Today **DELIVERY.SPROUTS.COM**

SELECT AREAS. PRICES MAY VARY

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

01-02-19 NORCAL-1

HEALTHY
you
YEAR!

START *fresh*

**YOU COULD WIN GROCERIES
OR VITAMINS FOR A YEAR**

Visit sprouts.com/startfresh to learn more.

FRESH PRODUCE



Grape Tomatoes

\$1.98
ea.



Navel Oranges

98¢
lb.



Red Mangos or Hass Avocados

98¢
ea.



Green Beans or Brussels Sprouts

\$1.48
lb.

ORGANIC · ORGANIC ORGANIC · ORGANIC ORGANIC · ORGANIC ORGANIC · ORGANIC



Organic D'Anjou, Bosc or Red Pears

\$1.48
lb.



Organic Russet Potatoes or Yellow Onions

98¢
lb.



Organic Acorn, Butternut or Spaghetti Squash

98¢
lb.



Organic Table Carrots

\$2.98
ea.

DOWNLOAD THE APP FOR COUPONS, WEEKLY SPECIALS, RECIPES AND MORE TO FIT YOUR HEALTHY LIFESTYLE!



BULK FOODS



Honey or Nut Butters

35% off
regular retail



Dried Fruit

Select varieties

25% off
regular retail
excludes prepackaged items



Brazil Nuts

\$8.99
lb.



Blanched Peanuts

Raw, roasted salted or unsalted

\$1.99
lb.



Deluxe Trail Mix

Raw, roasted salted or unsalted

\$3.99
lb.



Organic Pumpkin Seed Kernels

Raw, roasted salted or unsalted

\$4.79
lb.



85% Cacao Colombian Dark Chocolate

\$6.99
lb.

DAIRY & FROZEN



Vital Farms Pasture-Raised Alfresco Eggs

Large, grade A, doz.

\$4.99
ea.



Mountain High Yogurt

Select varieties, 32 oz.

VALUE SIZE!

2 for \$5



Suja Juices

Select varieties, 12-15.2 fl. oz.

BUY 1, GET 1 FREE
of equal or lesser value *CRV



Enlightened Ice Cream or Novelties

Select varieties, 14-16 fl. oz.

BUY 1, GET 1 FREE



a2 Milk

Select varieties, 59 fl. oz.

2 for \$7



Gardein Meatless Entrées

Select varieties, 8.8-14.1 oz.

2 for \$7



Sambazon Acai or Inner Eco Coconut Smoothie Packs

Select varieties, 8-14.1 oz.

\$4.99
ea.



Alexia All Natural Potatoes

Select varieties, 10-32 oz.

2 for \$6



START fresh

Discover thousands of affordable products to fit your healthy lifestyle.



When you CHOOSE ORGANIC, YOU'RE SAYING YES TO NATURAL.

GO ORGANIC WITH SPROUTS BRAND!

Sprouts Organic Salads

Select varieties



5 oz.
2 for \$6

Sprouts Organic Packaged or Single Serve Coffee

Select varieties, 3.88-12 oz.



\$5.99 ea.

Sprouts Organic Kombucha

Select varieties, 16 fl. oz.



2 for \$4
*CRV in CA

Organic Trail Mix

Joshua Tree or Continental Divide



\$4.99 lb.

Sprouts Organic Frozen Vegetables

Select varieties, 16 oz.



2 for \$4

Sprouts Organic Frozen Fruit

Select varieties, 10 oz.



2 for \$6

Sprouts Organic Rice or Corn Cakes

Select varieties, 15-16 ct.



99¢ ea.

Sprouts Organic Instant Oatmeal

Select varieties, 8 ct., 141 oz.



2 for \$5

Sprouts Organic Broth Concentrate or Bone Broth

Select varieties, 2.54-32 oz.



\$2.99 ea.

Sprouts Organic Beans

Select varieties, 15.5 oz.



99¢ ea.
Everyday low price

Sprouts Organic Rice

Select varieties, 12 oz.



2 for \$3

Sprouts Organic Apple Juice

Select varieties, from concentrate, 64 fl. oz.



2 for \$5

Sprouts Organic Maple Syrup

32 fl. oz.



\$13.99 ea.

Sprouts Organic Raw Honey

48 oz.



\$12.99 ea.

Sprouts Organic Apple Cider Vinegar

1 gal.



\$10.99 ea.

Sprouts Organic Spices

Select varieties and sizes



25% off
regular retail

Sprouts Organic Almond Butter

Select varieties, 12 oz.



\$7.99 ea.

Sprouts Organic Lemon or Lime Juice

16.9 fl. oz.



2 for \$7

YOUR HEALTHY HEADQUARTERS FOR A HEALTHY NEW YEAR!

TRENDING NOW

Get ready to start fresh! Try these helpful health-focused products to fit your unique goals.

Have a question? We're here for you and happy to help.



25% off

Select brands, varieties and sizes

regular retail +CRV in CA

PROTEIN PACKED

A protein-rich diet not only promotes muscle growth but is also valuable for healthy cells, bones and nail and hair growth. Discover our wide selection of protein options and find the right one for you.

HEALTHY FATS

Avoiding fat is a thing of the past and not all fats are created equal. Healthy fats, such as Omega-3s, are super beneficial to your brain, heart, physical and emotional health.



25% off

Select brands, varieties and sizes

regular retail



25% off

Select brands, varieties and sizes

regular retail

LOW SUGAR

Sugar substitutes contain almost no calories and no carbohydrates, and do not raise blood sugar. From stevia to monk fruit and fruit juice, we have plenty low to no sugar options to help satisfy your cravings without compromising your goals.

GROCERY SPECIALS

Caveman, Larabar, Nugo Slim, Think Thin or Wolo Bars
Select varieties, 1.24-21 oz.

99¢ ea.

Good Belly, Primal Kitchen, Quest, RXBar or Zing Bars
Select varieties, 1.34-21.2 oz.

4 for \$5

Plus, SAVE 10% when you buy a full, unopened case (10-16 ct.) from the above brands.

Traditional Medicinals Organic Tea
Select varieties, 16 ct.

2 for \$7

La Croix Sparkling Water
Select varieties, 8 pk., 12 fl. oz.

2 for \$7

Good Health Veggie Chips or Beanitos Bean Chips
Select varieties, 4.5-6.75 oz.

2 for \$5

Enjoy Life
LINE DRIVE SAVINGS
All Items
30% off
regular retail

Wedderspoon Honey
LINE DRIVE SAVINGS
All Items
25% off
regular retail

Annie's Homegrown Cheese Puffs or Epic Pork Rinds
Select varieties, 2.5-4.3 oz.

2 for \$5

Near East Rice or Couscous
Select varieties, 4.7-10 oz.

2 for \$4

Justin's Nut Butters
Select varieties, 1.15-16 oz.

25% off
regular retail

Silk or So Delicious Plant-Based Milk
Select varieties, 32 fl. oz.

2 for \$4

Sprouts Organic Salsa, Enchilada Sauce or Bean Dip
Select varieties, 12-16 oz.

2 for \$5

Sprouts Coconut Water or Sparkling Lemonade
Select varieties, 24.3 or 25.4 fl. oz.

2 for \$5

Sprouts Household Essentials
Select varieties and sizes

\$5.99 ea.

EARN CASH FOR SCHOOLS WITH BOX TOPS[®] FOR EDUCATION!

Cascadian Farm Organic Cereal or Granola Bars
Select varieties, 6.2-16 oz.

2 for \$5

Food Should Taste Good Chips or Annie's Cheddar Bunnies or Fruit Snacks
Select varieties, 4-7.5 oz.

2 for \$4

Annie's Cereal, Graham Crackers or Toaster Pastries
Select varieties, 3.9-14.4 oz.

2 for \$5

CHECKOUT Challenge Unlock ONE (1) FREE Primal Kitchen Avocado Oil Dressing when you buy THREE (3) Primal Kitchen Avocado Oil Dressings

VITAMIN & BODY CARE EXTRAVAGANZA

YES! EVERYTHING IS 25% OFF

regular retail + CRV in CA

Limited to stock on hand. Not to be combined with other promotional discounts in effect.

Save on more than 7,500 top quality vitamin and body care items.



PLUS, EVERY DAY

SAVE AN EXTRA 10%

ON YOUR VITAMIN & BODY CARE PURCHASE

WHEN YOU SPEND \$100 ON VITAMINS, SUPPLEMENTS AND BODY CARE

*Purchase must be \$100 after current extravaganza discount and before tax. Limited to stock on hand. Not to be combined with other promotional discounts in effect.

The BUTCHER SHOP AT SPROUTS™

UNBEATABLE SERVICE, QUALITY & SAVINGS. EVERY TIME.



Butcher Shop All-Natural 93% Lean Ground Turkey
Prepackaged, 16 oz.

\$4.99 ea.

ALWAYS FRESH NEVER FROZEN



All-Natural Boneless Skinless Chicken Tenders or Thighs
No enhancers or sodium based solutions added!
Value pack

\$2.99 lb.

ALWAYS FRESH NEVER FROZEN

The FISH MARKET AT SPROUTS™

WILD CAUGHT FAVORITES



Wild Alaskan Sockeye Salmon Fillets
Rich in flavor and omega-3 fatty acids, previously frozen

\$10.99 lb.



Wild Alaskan Cod Fillets
Previously frozen

\$8.99 lb.



Wild Tuna, Swordfish or Mahi Mahi
Previously frozen

\$8.99 lb.



Fish Market Frozen Seafood
Select varieties, 16-32 oz.

20% off regular retail



All-Natural Lamb
All cuts and varieties

20% off regular retail
Price on package reflects discount

ALWAYS FRESH NEVER FROZEN



All-Natural 100% Grass-Fed Steaks or Roast
Product of the USA, with no hormones or antibiotics added, ever!

10% off regular retail
Price on package reflects discount

ALWAYS FRESH NEVER FROZEN



All-Natural Boneless Chuck Roast
No added hormones. No antibiotics while under the care of our partner rancher

\$4.99 lb.

U.S.D.A. CHOICE BEEF



All-Natural Boneless Pork Loin Chops
With no enhancers or sodium based solutions added!

\$2.99 lb.

ALWAYS FRESH NEVER FROZEN



Pederson's Natural Farms Hickory Smoked Uncured Bacon
Pork raised without antibiotics, no sugar, 10 oz.

\$5.99 ea.



Jennie-O Turkey Burgers
Frozen, select varieties, 32 oz.

\$6.99 ea.

ALWAYS FRESH NEVER FROZEN

PICK ANY 4

SAVE 10%*

WHEN YOU BUY 4 OR MORE BOTTLES OF WINE

*Off current price in effect. Discount taken at register. 750ML or larger.

BEER



Michelob or Truly
Select varieties, 6 pk, 12 fl. oz.

\$7.49 +CRV

SPROUTS MARKET CORNER EST. 2002

DELI & BAKERY



Reduced Sodium Turkey Breast
Sliced and prepackaged for your convenience.

\$6.99 lb.



Bulk Cut Provolone or Imported Swiss Cheese

\$3.99 lb.

†BST-FREE



Market Corner™ Chicken Bacon Chopped Salad

\$5.99 lb.



Market Corner™ Roasted Chicken
Select varieties, 24 oz. Everyday low price

\$7.99 ea.

NO ANTIBIOTICS EVER



Food For Life
regular retail

15% off



Muffins
Select varieties, 4 pk. Everyday low price

\$3.29 ea.

FRESH BAKED!



Flax 4 Life
regular retail

15% off



La Tortilla Factory Low Carb Tortillas
Select varieties, 11.8-17.5 oz.

2 for \$7



CLOVIS

Herndon Ave. & Clovis Ave.

FOLSOM

E. Bidwell St. & Blue Ravine Rd.

FRESNO

Blackstone Ave. & El Paso Ave.

LODI

Reynolds Ranch Pkwy. & Harney Ln.

MODESTO

McHenry Ave. & Briggsmore

SACRAMENTO

Greenback Ln. & Sunrise Blvd.

ELK GROVE

Laguna & Big Horn Blvd.

LINCOLN

Ferrari Ranch Rd. & Joiner Pkwy.

NATOMAS

Del Paso Rd. & Commerce Way

ROSEVILLE

Five Star Blvd. & Stanford Ranch Rd.

Douglas Blvd. & Rocky Ridge Dr.

SACRAMENTO LAND PARK

Del Rio Rd. & Sutterville Rd.

TOWN & COUNTRY

Fulton Ave & Marconi Ave.

Double Ad Wednesdays

TWO ADS, ONE DAY, DOUBLE THE DEALS!

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

FOR STORE HOURS, visit us online at SPROUTS.COM

Try our GROCERY Delivery! DELIVERY.SPROUTS.COM

SALE PRICES VALID JANUARY 2, 2019–JANUARY 9, 2019

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. OFFERS NOT AVAILABLE TO WHOLESALE. NO CASE DISCOUNTS.

01-02-19 NORCAL-4