**Writing Unit #1 Example**

**My favorite food is a pasta dish called Shrimp Scampi. It is made from garlic, butter, olive oil, pepper, oregano, lemon juice, parmesan cheese, parsley, shrimp, and angel hair pasta. It is made by sautéing the garlic in butter and olive oil, and then the shrimp, lemon juice, oregano, and pepper are added and cooked until the shrimp turns pink. Finally, sprinkle it with parmesan cheese and parsley and serve it over the angel hair pasta. I usually eat this food on my birthday or for other special occasions as it is too rich for everyday meals. This is my favorite food because I love shrimp, garlic, and pasta, and Shrimp Scampi has all three of these items. I can’t remember the exact first time I had Shrimp Scampi, but I was probably about 13 or 14 years old, and my father made it for my birthday dinner. I probably will always love Shrimp Scampi.**